



## LUNCH SET MENU

*Preferably minimum order of 10*

### MENU 1 - TODAY'S MENU - CHEF'S CHOICE

Bread, Savoury, Sweet and Fruit

*\$16.50 per person*

### MENU 2 - THE LIGHT LUNCH

Wrap with Shredded Chicken, Lettuce, Cucumber and Sweet Chilli Sauce

Sushi Selection (Two per person) GF

Friends V GF

Individual Fresh Fruit Cups V GF

*\$18.50 per person*

### MENU 3 - THE ENERGISER

Individual Noodle Box Salad - Sweet Potato, Orange, Spinach and Cashew - Small GF

Frittata - Ham, Cheese and Corn or Pumpkin, Spinach and Feta V GF

Beef and Red Onion Skewer GF

Homemade Biscuit Selection V

Whole Fresh Fruit - Apple, Banana or Seasonal Choice V GF

*\$18.50 per person*

V vegetarian GF gluten free W served warm

For special dietary orders a surcharge will apply. All prices are GST exclusive. Prices are valid until 1<sup>st</sup> April 2018.

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## LUNCH SET MENU (CONTINUED)

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### MENU 4 - THE COLD MENU

BLAT Ciabatta

Frittata - Chicken, Feta and Rocket or Asparagus, Potato and Parmesan **V**

Lemon Drizzle Cake **V**

Seasonal Fruit Platter **V**

*\$19.00 per person*

### MENU 5 – ASIAN FLAVOUR (GF)

Individual Thai Noodle Box Salad with Roasted Peanuts, Crisp Vegetables, Lime and Mint Dressing  
- Small **V GF**

Sushi Selection (Two per person) **GF**

Sesame Chicken Skewer with Teriyaki Sauce **GF**

Seasonal Fruit Platter **GF**

*\$19.00 per person*

### MENU 6 – HEALTHIER STYLE

Super Grain Roll with Shredded Chicken, Lettuce and Tomato

Seasonal Individual Noodle Box Salad - Small **GF**

Raspberry and Lemon Mini Muffin **V**

Seasonal Fruit Platter **V GF**

*\$19.00 per person*

**V** vegetarian **GF** gluten free **W** served warm

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## LUNCH SET MENU (CONTINUED)

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### MENU 7 - THE GRAZING MENU

Roast Beef, Basil Pesto, Tomato and Rocket on Rye

Vietnamese Rice Paper Rolls – Celery, Capsicum, Cabbage, Carrot **V GF**

Aged Cheddar, Brie, Grapes and Assorted Crackers **V GF Available**

Orange Syrup Cake with Pistachios **V**

*\$19.50 per person*

### MENU 8 – THE BOARDROOM

Finger Club Sandwich Selection (Two per person) **Includes V**

Assorted Small Wraps - Ham/Beef/Chicken/Cheese **V** and Salad

Tart - Chicken, Cranberry and Brie or Farmhouse Vegetable and Cheddar **V**

Friands **V GF**

Fresh Fruit Kebabs **V GF**

*\$20.00 per person*

### MENU 9 – THE HEARTY LUNCH

Pretzel Roll with Pulled Pork and Slaw

Assorted Savouries (Two per person) **Includes V W**

Chicken and Bacon Skewer with Dipping Sauce **GF**

Slice Selection **V**

*\$21.50 per person*

**V vegetarian GF gluten free W served warm**

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## LUNCH SET MENU (CONTINUED)

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### MENU 10 - ON THE GO (INDIVIDUALLY PACKAGED)

Assorted Wraps/Rolls Includes V

Seasonal Individual Noodle Box Salad - Small GF

Assorted Sweet Medium Muffins V

Whole Fruit - Apple, Banana or Seasonal Choice V GF

*\$19.50 per person*

V vegetarian GF gluten free W served warm

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## LUNCH MENU ITEMS

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### SANDWICHES, WRAPS AND ROLLS

Pretzel Roll with Pulled Pork and Slaw \$6.50

Pretzel Roll with Shaved Ham, Brie, Lettuce and Farmhouse Relish \$6.50

Pretzel Roll with Roasted Vegetables Cream Cheese and Sweet Chilli V \$6.50

Roast Beef, Basil Pesto, Tomato and Rocket on Rye \$6.50

Sour Dough Bartard with Shaved Ham, Cheese, Lettuce, Tomato and Spanish Onion \$6.50

Super Grain Roll with Brie, Roast Pepper Pesto and Lettuce V \$6.50

Super Grain Roll with Corned Beef, Cheese, Lettuce and Relish \$6.50

Super Grain Roll with Pastrami, Tomato, Aged Cheddar, Gherkin and Lettuce \$6.50

Super Grain Roll with Shredded Chicken, Lettuce and Tomato \$6.50

Wrap Cajun Chicken Wrap with Chicken Tenderloin, Lettuce and Tomato \$6.50

Wrap Chicken Caesar with Egg, Streaky Bacon, Iceberg, Parmesan and Caesar Dressing \$6.50

Wrap with Grated Carrot, Pepitas, Avocado, Shredded Iceberg and Beetroot Hummus V \$6.50

Wrap with Moroccan Lamb, Spinach, Carrot, Feta and Tomato \$6.50

Wrap with Shredded Chicken Lettuce Cucumber and Sweet Chilli Sauce \$6.50

Wrap with Shredded Chicken, Lettuce, Cheese and Satay Sauce \$6.50

Turkish Roll with Roast Beef, Tomato, Lettuce and Horseradish Cream \$7.00

Turkish Roll with Roast Lamb, Lettuce, Grated Carrot and Mint Jelly \$7.00

Ciabatta – BLAT (Bacon, Lettuce, Avocado and Tomato) \$7.00

Ciabatta with Lettuce, Tomato, Carrot, Red Pepper and Baba Ganoush V \$7.00

V vegetarian GF gluten free W served warm

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## LUNCH MENU ITEMS (CONTINUED)

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### SALADS

Noodle Box Salads Small \$5.50/Large \$9.50

Chicken Caesar with Crispy Bacon, Egg, Croutons and Caesar Dressing

Chicken Orzo Salad with Cherry Tomato and Spinach

Thai Beef Salad with Carrot, Spring Onion, Chilli, Peanuts and Coriander GF

Mexican Street Salad with Chicken, Lettuce, Corn, Peppers, Avocado, Lime and Chilli GF

Thai Noodle Salad with Roasted Peanuts, Crisp Vegetables, Lime and Mint Dressing V GF

Balinese Salad with Brown Rice, Cashews, Mung Beans, Fried Onion and Soy, Ginger and Coriander Dressing V GF

Sweet Potato Salad with Orange, Spinach and Cashew V GF

Energy Salad with Cos, Shredded Carrot, Mung Beans, Capsicum, Cucumber, Cherry Tomato, Pumpkin Seeds and Vinaigrette V GF

V vegetarian GF gluten free W served warm

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## LUNCH MENU ITEMS (CONTINUED)

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### WARM SAVOURY

Baby Jacket Potatoes with Cheese, Corn and Capsicum **V GF W** \$3.00

Savoury Selection **W** - \$4.00

Butter Chicken; Mince Potato Top; Steak and Cheese; Lamb and Mint; Mexican Chilli Bean and Corn **V**

Mini Meat Loaf Wrapped in Bacon **GF W** \$4.00

Bacon and Egg Slice **W** \$4.00

Pork, Apple and Fennel Sausage Roll **W** \$4.00

Beef Sausage Roll **W** \$4.00

Vegetarian Sausage Roll - Zucchini, Carrot, Beans and Sweet Chilli **V W** \$4.00

Chef's Pizza of the day **W** \$4.00

Pasties - \$4.00

Creamy Chicken and Corn; Pumpkin and Mushroom **V W**

Meatballs (Two per person) **GF W** - \$4.00

Beef with Red Wine Jus; Lamb with Moroccan Tomato Sauce; Pork with Sweet and Sour Dipping Sauce; Thai Chicken with Dipping Sauce

**V** vegetarian **GF** gluten free **W** served warm

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## LUNCH MENU ITEMS (CONTINUED)

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### COLD SAVOURY

Assorted Sushi **GF** - \$2.50

Salmon, Chicken, Vegetarian **V** with Pickled Ginger, Soy and Wasabi

Baby Beef Yorkshire Pudding with Horseradish Cream \$3..25

Vietnamese Rice Paper Rolls - Celery, Capsicum, Cabbage and Carrot **V GF** \$3.25

Vietnamese Rice Paper Rolls – Chicken, Celery, Capsicum, Cabbage and Carrot **GF** \$4.00

Frittata **GF** \$4.00

Bacon, Cheddar and Chive; Chicken, Feta and Rocket; Ham, Cheese and Corn; Salmon, Potato and Pea; Asparagus, Potato and Parmesan **V**; Pumpkin, Spinach and Feta **V**

Quiche - \$4.00

Bacon, Potato and Gruyere; Tomato, Spinach, Feta and Onion **V**

Tarts - \$4.00

Chicken, Cranberry and Brie; Salmon and Crème Fraiche; Farmhouse Vegetable and Cheddar **V**

Honey Soy Chicken Drumette **GF** \$4.00

Cajun Chicken Drumette **GF** \$4.00

Corn Fritter with Guacamole **V** \$4.00

Zucchini Fritter with Tomato Chilli Jam **V GF** \$4.00

Roasted Vegetable Skewer - Courgette, Mushroom, Cherry Tomato, Capsicum, Onion **V GF** \$4.00

Beef and Red Onion Skewer with Tomato and Chilli Jam **GF** \$4.50

Chicken and Bacon Skewer with Dipping Sauce **GF** \$4.50

Sesame Chicken Skewer with Teriyaki Sauce **GF** \$4.50

Citrus Herb Chicken Skewer **GF** \$4.50

Chicken and Chorizo Skewer with Dipping Sauce **GF** \$4.75

Aged Cheddar, Brie, Grapes and Assorted Crackers **V GF Available** \$6.50

**V** vegetarian **GF** gluten free **W** served warm

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## LUNCH MENU ITEMS (CONTINUED)

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### SWEET BAKERY

Homemade Biscuit Selection **V** - \$2.50

Chocolate Chip; ANZAC; Passionfruit

Shortbread Square **V** \$2.50

Sweet Muffins **V** – *Medium* \$3.75

Apple and Cinnamon; Banana and Chocolate; Blueberry; Peach and Almond; Raspberry and Lemon

Assorted Slice **V** - \$3.00

Blondie (Raspberry and White Chocolate); Chocolate Brownie; Citrus; Ginger; Louise Cake

Afghan Biscuits **V** \$3.00

Oat and Raisin Biscuits **V** \$3.00

Lolly Cake **V** \$3.00

Bliss Balls **V GF** - \$3.00

Apple and Cranberry; Apricot and Cashew; Chocolate and Orange

Macaroons **V GF** \$3.00

'On the Go' Muffin (Bran, Oats Raisins, Carrots and Banana) **V GF Medium** \$3.75

Date Scone **V** \$3.50

Spiced Apricot Scone **V** \$3.50

Lemonade Scone with Raspberry Preserve and Cream on the side **V** \$3.50

Cinnamon Scroll **V** \$3.75

Friand **V GF** - \$3.75

Apricot; Blueberry; Lemon, Coconut and Pistachio; Passionfruit; Raspberry

Orange Syrup Cake with Pistachios **V** \$3.75

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## LUNCH MENU ITEMS (CONTINUED)

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### SWEET BAKERY

*Banana Bread with Whipped Maple Butter V \$4.00*

*Hummingbird Cake (Banana and Pineapple with Cream Cheese Icing) V \$4.00*

*Ginger Loaf V \$4.00*

*Vegan Loaf (Pecan, Raisin, Carrot, Pineapple, Coconut and Apricot) V GF \$4.00*

*Coconut Passionfruit Cake V GF \$4.25*

*Individual Carrot Cake with Cream Cheese Icing V \$4.25*

*Lemon Drizzle Cake V \$4.25*

*Victoria Sponge with Jam and Cream V \$4.25*

### FRESH AND FRUITY

*Fresh Fruit Kebabs V GF \$3.75*

*Individual Fresh Fruit Cups V GF \$4.00*

*Seasonal Fruit Platter V GF \$4.25*

*Trail Mix - Dried Fruit and Nuts V GF \$4.50*

*Whole Fruit - Apple, Banana or Seasonal Choice V GF \$2.25*

*V vegetarian GF gluten free W served warm*

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## BEVERAGE MENU

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### HOT BEVERAGES

Tea Selection and Underground Percolated Coffee with Crockery *\$3.50 per person*

### COLD BEVERAGES

Orange Juice or Apple Juice with Glassware *\$2.50 per person or \$10.00 per litre*

V vegetarian GF gluten free W served warm

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